|  | SEVA SEAHAWKS | Hosted by: |
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| STINi Meet | November 15, 2014 | South Eastern Virginia |
| Aquatics |  |  |


| SANCTION: | - Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-15-32A. <br> - USA Swimming, Inc., Virginia Swimming, Inc., and the Fort Eustis Aquatic Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. |
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| LOCATION: | Fort Eustis Aquatic Center, Building 641 (corner of Washington Ave. \& Tyler Ave.), Fort Eustis, Va. 23604, Phone (757) 878-1090 or 878-1091 |
| FACILITY: | - Eleven-lane 25 yard indoor pool and Keifer Wave Eater racing lane lines. <br> - The competition will be run using 4,5 or 6 lanes depending on the number of entries. <br> - The Daktronics Automatic Timing System will not be used during this competition. The competition will be run using three watches per lane and the Infinity starting system. <br> - The competition course has not been certified in accordance with current USA Swimming Rules and Regulations, Article 104.2.2C(4) |
| MEET DIRECTOR: | Dave Henderson Lori Sprott <br> Phone: (757) 897-6127 (cell) Phone: (757) 880-6262 <br> Email: SEVAseahawk@@aol.com Email: loloandc sprott@cox.net |
| ELIGIBILITY: | - Open to all Virginia Swimming athletes twelve years old and younger registered before the first day of the meet. <br> - Other teams are welcome. Please contact the meet director if your team would like to attend. <br> - No on deck Virginia Swimming athlete registration will be permitted. <br> - Age on November 15, 2014 will determine age for the entire meet. |
| DISABILITY SWIMMERS: | - Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director. <br> - The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition. |
| FORMAT: | - All swimmers will compete in one session. <br> - All events will be timed finals <br> - 4 minute breaks will be taken after each set of events: 10 minute break before the relays. |
| WARM-UPS: | - Warm-ups will be from 11:30 am to 11:50 am. The competition will start at 12:00 Noon. <br> - Lane assignments for each club will be posted on the SEVA web site: www.sevaswimming.com. no later than Thursday, November 13, 2014 and will also be emailed to the contact person of the participating clubs. |
| ENTRIES: | DEADLINE FOR RECEIPT OF ENTRIES IS TUESDAY, NOVEMBER 11, 2014. <br> - Entries must be submitted in short course yard times using Hy-Tek Team Manager and Commlink2 software, or on a VSI master entry sheet. <br> - Teams submit entries via e-mail. <br> - A Team Manager printout of entries must be included or the meet checklist/summary sheet with the name, Email address, and phone number of the person to contact in case of questions must accompany the entries, regardless of how they are submitted. <br> - Coach Times (CT) and "No Time" (NT) entries will be accepted for events which a swimmer does not have a time of record. CT may not exceed a "BB" time. All entry times other than CT, must have been achieved in USA Swimming sanctioned, approved, or observed competition. <br> - Swimmers may enter a maximum of 4 individual events and 1 relay. |


|  | - Relay teams must be designated $A, B, C$, etc. if a team enters more than one relay. <br> - Entries will be processed in the order received and accepted to the greatest extent possible without exceeding the 4 -hour/session timeline limit. <br> - The Meet Director reserves the right to limit entries in any event, if necessary, to prevent too lengthy a session, and to combine heats and events in which actions may require reseeding. Relays may be eliminated with relay fees being refunded. <br> - E-Mail Entries To: SEVAseahawks@aol.com <br> - Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the Meet Director. |
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| FEES: | Individual Events: $\$ 4.00$ <br> Relay Events: $\$ 14.00$ <br> Swimmer Surcharge: $\$ 2.50$ (entered in any capacity in the meet) <br> - Make Checks payable to: SEVA Inc. <br> - Mail payment to: Dave Henderson <br> 929 Edgewater Drive <br> Newport News, Va. 23602 <br> Phone: (757) 897-6127 (cell) <br> - Payment must be received by Saturday, November 15, 2014 for all entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet. |
| AWARDS: | - Individual Events: Ribbons will be awarded for first ( $1^{\text {st) }}$ ) through sixth ( $6^{\text {th }}$ ) place <br> - Heat winner awards will be given in all events. <br> - Relay Events: Ribbons will be awarded for first (1 ${ }^{\text {stt }}$ ) through third ( $3^{\text {rd }}$ ) place for each event. |
| SEEDING: | - All events will be pre-seeded. <br> - Swimmers should report directly to the blocks for their events. |
| PENALTIES: | Penalties for entries using fraudulent and/or non-verifiable entry times: <br> - Swimmer shall be marked as exhibition for the event entered illegally and the event shall be re-scored and awarded. <br> - Club may be fined $\$ 100$ for each offense, and a record of such offenses shall be kept and published as part of the official meet results. <br> - Clubs entering swimmers not legally registered with USA Swimming the day prior to the start of the meet may be fined $\$ 100$ per swimmer in each event so entered. <br> - If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer. |
| RULES: | - The current USA Swimming Rules and Regulations will apply. <br> - Any swimmer entered in the meet must be certified by a USAS member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's guardian to ensure compliance with this requirement. <br> - Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is not permitted. <br> - Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. <br> - In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credential will be permitted to act in a coaching capacity at this meet. <br> - Coaches with valid USA Swimming credentials but are unable to provide them upon request will be issued temporary credentials by the meet director. <br> - Coaches with expired or non-current credentials will be required to leave the deck area. |
| OFFICIALS: | Meet Referee: Tommy Lovell Email: scoutmastertommy@gmail.com Phone: (757) 223-7804 |


|  | - Officials will be needed for all positions except Daktronics operator. <br> - Anyone in the process of achieving certification through on-deck training is welcome. <br> Opportunities for training will be limited due to the small number of lanes and no electronic timing <br> system being used. Trainees will be accepted on a first come, first serve basis. <br> - Contact: Ellen Bollinger-Tinneny, SEVA Officials Chairman via Phone: (757) 374-3795 or Email: <br> ellen.bollinger@chkd.org. Thank you for your help in advance. |
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| SAFETY: | Virginia Swimming Meet Safety Procedures will be in effect. |

ORDER OF EVENTS
November 9, 2013

| Warm-up: 11:30 am; Start: 12:00 pm |  |  |
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| Girls | Events | Boys |
| 1 | 50 Freestyle | 2 |
| 3 | 25 Butterfly | 4 |
| 5 | 25 Backstroke | 6 |
| 7 | 25 Breaststroke | 8 |
| 9 | 25 Freestyle | 10 |
| 11 | 50 Backstroke | 12 |
| 13 | 50 Breaststroke | 14 |
| 15 | 100 Freestyle Relay | 16 |
|  | There will be a 4-minute break after each boy’s event. |  |
|  | 10-minute break before the relays. |  |

